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URAC's Health Web Site Accreditation Program requires compliance with 53 rigorous standards of quality and accountability, verified by independent audit.

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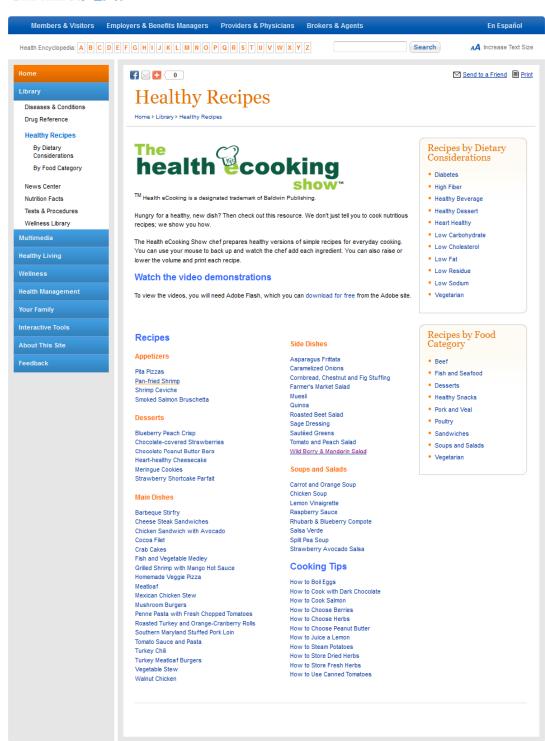
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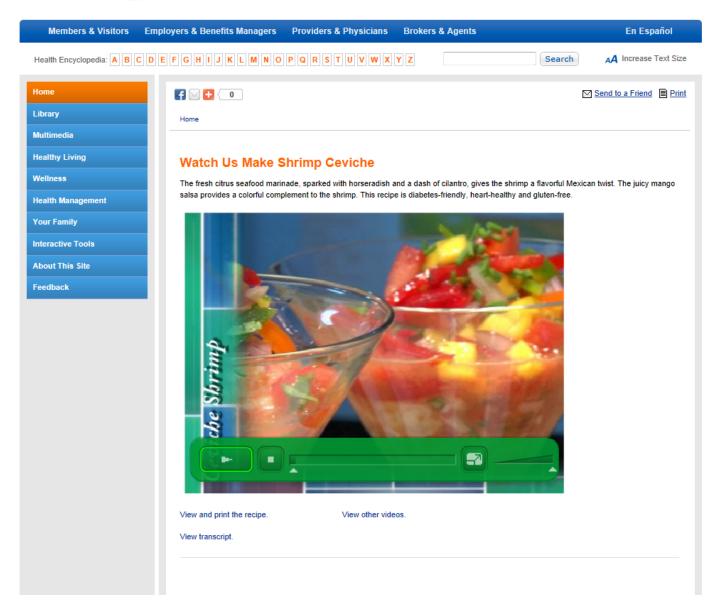
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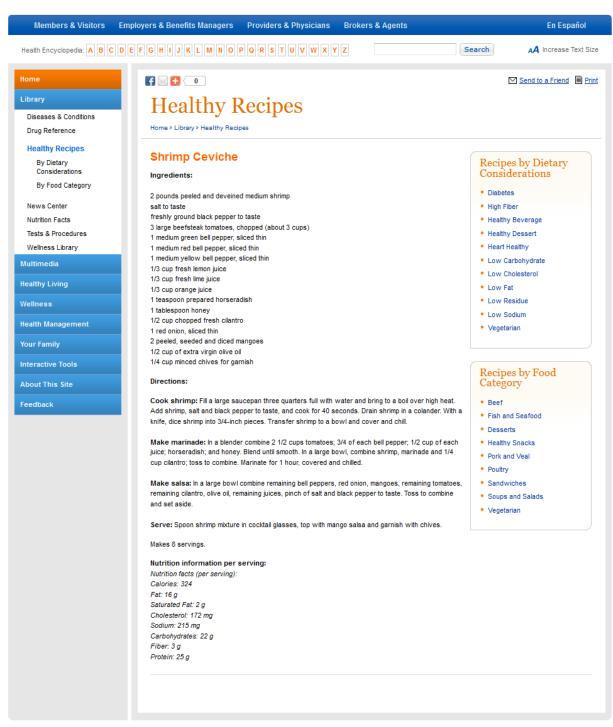
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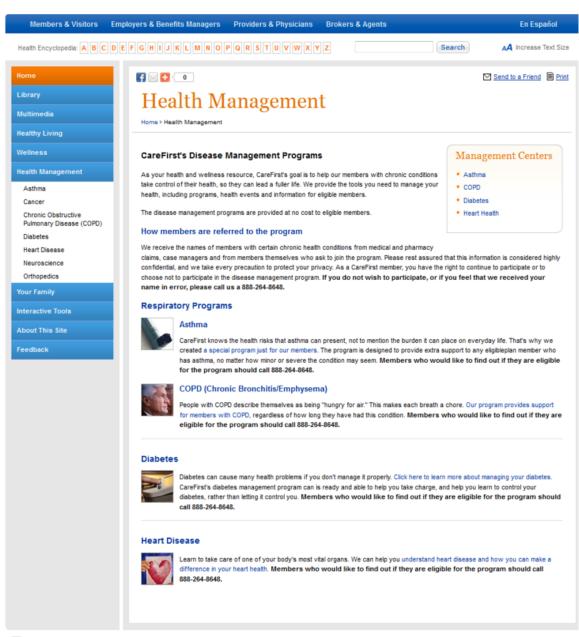
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Members & Visitors Employers & Benefits Managers Providers & Physicians En Español **Brokers & Agents** Search Health Encyclopedia: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z AA Increase Text Size **f** 🖂 🚼 🤄 0 Women's Health A Woman's Journey Healthy Living Home > Your Family > Women's Health > A Woman's Journey Breast Cancer Risk Assessment
Breast cancer is the most commonly diagnosed cancer in women (other than skin cancer). The American Cancer Society reports the breast Health Management cancer death rate is declining, probably because of earlier detection and improved treatment. This short assessment will help you determine if you have major risk factors for breast cancer. Your Family ▶ Healthy Pregnancy Guide Clinical Wizard More than 4 million babies will be born in the United States this year alone. Now, more than ever, mothers-to-be have access to current Children's Health information, advanced technologies, and skilled medical personnel. The Healthy Pregnancy Guide provides an individualized tool to help plan for a Men's Health healthy pregnancy and childbirth. With medical information and practical tips, you will be well-prepared to recognize the changes that are in store for you and your baby. Older Adults



Adolescence

A number of physical, mental, and emotional changes occur when a girl reaches puberty, from reproductive development to deepening cognitive abilities.

Childbearing Years

Health issues that may affect women during this stage of life include reproductive health and menstrual conditions.

Pregnancy

The decision to start a family is an important one. Proper health before pregnancy is almost as important as maintaining a healthy body during pregnancy.

Menopause & Living Well

Although menopause was once a life stage dreaded by many women, today's woman has an abundance of knowledge and resources available to her.

Did You Know?

A vaccine protects against the two main types of human papillomavirus that cause cervical cancer. It can be given to girls and young women ages 9 to 20. It's best to have the vaccine before you become sexually active.

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A Woman's Journey

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Childbearing Years



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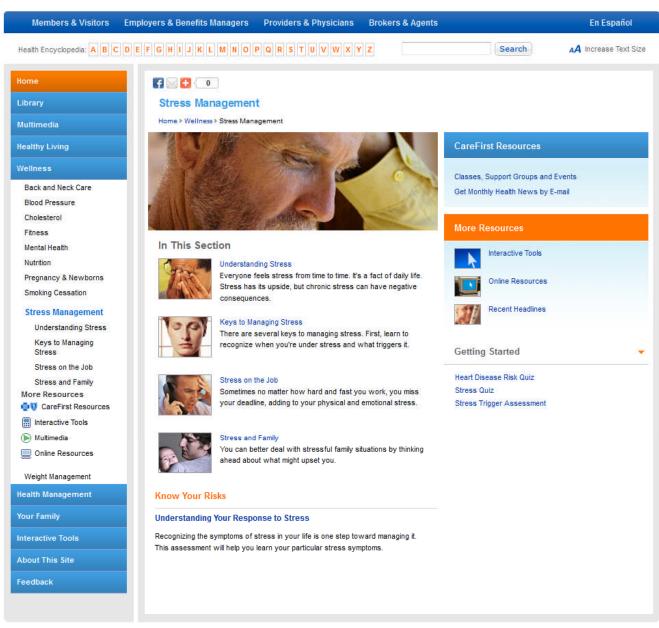
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